

FISHGUARD AND GOODWICK
URBAN DISTRICT COUNCIL

ANNUAL REPORT

of the

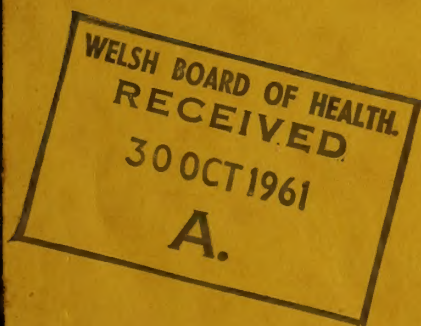
MEDICAL OFFICER OF HEALTH

and the

PUBLIC HEALTH INSPECTOR

for the Year

1960



C O N T E N T S

	<u>Page</u>
1. Preface to the Report	3
2. Constitution of Committees	4
3. Officers of the Council	5
4. Vital Statistics and Epidemiology:-	
(a) Summary of Vital Statistics	7
(b) Births and Birth Rates	7, 8.
(c) Deaths and Death Rates	8, 9.
(d) General Infectious Diseases	9
5. Environmental Hygiene :-	
(a) Milk Supplies	11
(b) Water Supplies	11
(c) Food Control	11 - 13.
(d) Housing	13
(e) Factories and Workshops	14
6. General Sanitation and Hygiene	15, 16.

CONTENTS

Page

1. Preface to the Report 3

2. Description of Commission 4

3. Officers of the Council 5

4. Vital Statistics and Epidemiology 6

(a) Summary of Vital Statistics 7

(b) Malaria and Fever Rates 7, 8.

(c) Deaths and Death Rates 8, 9.

(d) General Infectious Diseases 9

5. Environmental Hygiene 10

(a) Water Supply 11

(b) Sewage Disposal 11 - 13.

(c) Food Control 13

(d) Animal Husbandry 14

(e) Fisheries and Aquaculture 14

6. General Statistics and Epiphyse 15, 16.

Digitized by the Internet Archive
in 2016 with funding from
Wellcome Library

PREFACE TO THE REPORT

District Health Office,
County Offices,
Haverfordwest.
September, 1961.

To: The Chairman and Members of
The Fishguard and Goodwick U.D.C.

Mr. Chairman, Ladies and Gentlemen,

I present my Report upon matters affecting the health of the District, for the year 1960. Details are given in the body of the Report. The main items may be summarised as follows :-

Population

The downward trend in population, which commenced in 1955, continues.

Births

The Birth Rate was considerably higher than the previous year. This is an encouraging sign for the future of the District. The Rate, however, is still well below the County and National Rates.

Deaths

The Death Rate showed a large decrease over the preceding year, and the Rate now compares favourably with the County and National Rates.

There was a decrease in the number of deaths from Cancer and of Infants, but a slight increase in Accidental Deaths.

Infectious Diseases

For the first year since 1947 no cases of general infectious diseases were notified.

There were two fresh cases of Pulmonary Tuberculosis, which is a reduction on the previous year. There have been no deaths attributed to Tuberculosis for the past six years.

General Sanitation and Hygiene

The sampling results during the year have been most satisfactory. Water, Milk, Ice-Cream etc., have all reached a high hygienic level.

Sewage is still discharged crude into the adjacent tidal waters. In spite of various reports on this subject, I am not happy with the situation.

The solution of the problem of unfit dwellings is a difficult one. Progress in this direction would be beneficial to the area generally.

There is room for improvement in sanitation and hygiene in shops, public houses and public buildings. Generally speaking, however, the standard compares favourably with other districts.

A new mortuary for the District is urgently needed.

There appears to be a slackening in the hygienic standards aboard vessels using the Harbour. Nothing detracts from the amenity of the Beaches more than scattered refuse and debris.

In conclusion, I wish to thank the Members of the Council and their Staff, for their continued courtesy and co-operation during the year.

I remain,
Your obedient Servant,

W. J. Y. SPEEDY,

Medical Officer of Health.

FISHGUARD AND GOODWICK URBAN DISTRICT COUNCIL

CONSTITUTION OF COMMITTEES 1960-1961

Chairman of the Council : Councillor J. Owen Richards, J.P.

Vice Chairman of the Council : Councillor Mrs. B. M. Timothy, J.P.

Public Health Committee :-

Chairman	:	Councillor S. Thomas.
Members	:	Councillor D. D. Thomas.
		" E. A. Thomas.
		" G. L. Williams.
		" R. N. Duggan.
		" D. S. Evans, J.P.
		" F. T. Morgan.
		" A. T. Winchester.
		" J. Owen Richards, J.P.
		" Mrs. B. M. Timothy, J.P.

Housing Committee :-

Chairman	:	Councillor E. A. Thomas.
Members	:	Miss D. Davies Evans.
		Councillor D. Sayer
		" S. Thomas.
		" J. C. Duggan.
		" R. N. Duggan.
		" J. Thoms.
		" D. S. Evans, J.P.
		" J. Owen Richards, J.P.
		" Mrs. B. M. Timothy, J.P.

Public Works Committee :-

Chairman	:	Councillor D. D. Thomas.
Members	:	" Rev. E. Rowe-Griffith, H.C.F.
		" Richard Williams.
		" G. L. Williams.
		" M. D. Lake.
		" F. T. Morgan.
		" G. H. Thomas.
		" A. T. Winchester.
		" J. Owen Richards, J.P.
		" Mrs. B. M. Timothy, J.P.

OFFICERS OF THE COUNCIL 1960/1961

		<u>Date of Appointment</u>
<u>Clerk</u>	J. Hywel Evans	1. 10. 27.
<u>Surveyor</u>	H. S. Biggs, A.R.I.C.S., A.M.Inst.H.E.	1. 10. 50.
<u>Water Engineer</u>	T. R. Thomas, M.Inst.B.E.	27. 5. 40.
<u>Public Health Inspector</u>	O. L. Thomas, M.S.I.A.	1. 6. 55.
<u>Medical Officer Of Health</u>	W.J.Y. Speedy, M.B., B.Ch., L.R.C.P. &S., L.R.F.P. &S., D.P.H.	1. 10. 47.

All Departments of the Council

-

The Town Hall,
Fishguard.
Telephone : Fishguard 2247.

Medical Officer of Health

-

County Offices,
Haverfordwest.
Tel : Haverfordwest 3131.

VITAL STATISTICS

AND

EPIDEMIOLOGY

SUMMARY OF POPULATION

Estimated Population and Natural Increase

<u>Year</u>	<u>Estimated Population</u>	<u>Natural Increase</u>
1947	4,600	+32
1948	4,773	+14
1949	4,775	+13
1950	4,827	-6
1951	4,827	0
1952	4,879	+21
1953	4,826	+20
1954	4,880	-1
1955	4,860	-3
1956	4,810	-10
1957	4,770	+3
1958	4,760	+2
1959	4,770	-11
1960	4,740	+6

BIRTHS AND BIRTH RATES

Classification of Births

	<u>Male</u>	<u>Live Female</u>	<u>Total</u>	<u>Male</u>	<u>Still Female</u>	<u>Total</u>
Legitimate	36	33	69	-	2	2
Illegitimate	1	1	2	-	-	-
	<u>37</u>	<u>34</u>	<u>71</u>	<u>-</u>	<u>2</u>	<u>2</u>

Total Live Births	=	71
Total Still Births	=	2
Total Illegitimate Births	=	2

General Birth Rates

General Birth Rate for District for 1960	=	15.0/1000 population
General Birth Rate Pembrokeshire for 1960	=	18.7/ " "
General Birth Rate England & Wales for 1960	=	17.1/ " "

Comparative Table

<u>Year</u>	<u>General Birth Rate</u>	<u>Number of Stillbirths</u>	<u>Number of Illegitimate Births</u>
1947	20.9	3	4
1948	15.9	-	-
1949	16.7	3	1
1950	14.5	3	4
1951	13.9	3	1
1952	14.8	6	4
1953	13.9	1	2
1954	14.3	2	2
1955	17.6	5	1
1956	13.4	1	2
1957	16.0	-	2
1958	13.6	4	1
1959	13.2	1	-
1960	15.0	2	2

DEATHS AND DEATH RATES

Classification of Deaths

	<u>Male</u>	<u>Female</u>	<u>Total</u>
Diseases of Heart and Circulatory System	12	16	28
Diseases of Brain and Nervous System	5	6	11
Cancer (all forms)	3	6	9
Diseases of Respiratory System	3	4	7
Diseases of Kidneys and Urinary System	2	2	4
Violent Deaths	2	1	3
Diseases of Digestive System	1	1	2
Infant Deaths	1	-	1
	<u>29</u>	<u>36</u>	<u>65</u>

General Death Rates

General Death Rate for District for 1960	=	11.5/1000 population
General Death Rate for Pembrokeshire 1960	=	12.4 " "
General Death Rate England & Wales, 1960	=	11.5 " "

Deaths in Age Groups

0 - 1 year	=	1	30 - 50 years	=	6
1 - 15 years	=	0	50 - 70 years	=	19
15 - 30 years	=	1	70 + years	=	36

Cancer Mortality

	<u>Male</u>	<u>Female</u>	<u>Total</u>
Abdominal	1	4	5
Respiratory	-	-	-
Others	2	2	4
	<u>3</u>	<u>6</u>	<u>9</u>

Age Groups :-

0 - 30 years	=	1	50 - 70 years	=	3
30 - 50 years	=	1	70+ years	=	4

Infant Mortality

One Death - Male - Prematurity - 1st Week of life.

Violent Deaths Classification

	<u>Male</u>	<u>Female</u>	<u>Total</u>
Road Accidents	-	1	1
Suicide	2	-	2
	<u>2</u>	<u>1</u>	<u>3</u>

Comparative Table

<u>Year</u>	<u>General Death Rate</u>	<u>Number of Infant Deaths</u>	<u>Number of Cancer Deaths</u>	<u>Number of Violent Deaths</u>
1947	13.9	7	8	4
1948	12.9	3	13	2
1949	14.0	5	13	2
1950	15.7	2	13	0
1951	13.9	2	8	2
1952	10.4	1	9	0
1953	9.7	0	10	2
1954	14.5	0	9	2
1955	16.3	0	12	4
1956	14.7	0	11	0
1957	14.3	2	9	0
1958	13.2	1	12	1
1959	15.2	2	11	2
1960	11.5	1	9	3

INFECTIOUS DISEASE

There were no general Infectious Diseases notified during the year.

TUBERCULOSIS

Pulmonary Tuberculosis

Two fresh cases notified. No Deaths.

Non-Pulmonary Tuberculosis

No cases and no deaths during the year.

Comparative Table.

<u>Year</u>	<u>Pulmonary Tuberculosis</u>		<u>Non-Pulmonary Tuberculosis</u>	
	<u>Cases</u>	<u>Deaths</u>	<u>Cases</u>	<u>Deaths</u>
1947	5	3	1	1
1948	4	1	0	0
1949	4	2	2	0
1950	0	2	0	0
1951	5	1	0	0
1952	1	0	1	0
1953	2	0	0	0
1954	4	2	0	0
1955	2	0	0	0
1956	5	0	0	0
1957	1	0	0	0
1958	2	0	0	0
1959	3	0	0	0
1960	2	0	0	0

ENVIRONMENTAL

HYGIENE

MILK SUPPLIES AND DAIRIES

There are five milk distributors in the area :-

Pasteurised Milk only	-	1
Raw Tuberculin Tested Milk	-	1
Raw Tuberculin Tested Milk and Pasteurised Milk	-	<u>3</u>
		<u>5</u>

Pasteurised Milk is available throughout the Urban area. Raw Tuberculin Tested Milk is also available throughout the district.

All milk supplied to the Schools is pasteurised and delivered in sealed bottles. Milk for use in the School kitchens is delivered in sealed containers.

The standard of cleanliness maintained in the dairies and vehicles is satisfactory.

The following are the results of Milk Samples taken during the year:-

	<u>General Consumer Level</u>	<u>Schools</u>
Satisfactory	56	21
Doubtful	-	-
Unsatisfactory	<u>-</u>	<u>-</u>
	<u>56</u>	<u>21</u>

WATER SUPPLIES

During the year, 31 samples were taken from the Council's water mains and submitted for bacteriological examination.

The results were :-

Satisfactory	-	29
Doubtful	-	2
Unsatisfactory	-	<u>0</u>
		<u>31</u>

Sources of Supply

Springs and gathering grounds at Pontygotty and Glyngath where approximately 1,000,000 gallons are impounded. The water is a typical upland surface water.

Storage and Distribution

The water gravitates from source to a storage reservoir (200,000 gallons at Penwallis) where it is filtered (mechanically), treated and chlorinated. It then passes to the distribution mains.

General Statistics

Average daily consumption	-	250,000 gallons
Number of new premises connected to the water mains during the year	-	29
Number of services renewed	-	68

FOOD CONTROL

Premises Registered under the Food and Drugs Act

Premises registered for the sale of Ice Cream	-	23
Premises registered for the manufacture of sausages and butchers smalls	-	8
Registered Dairies	-	2
Premises Registered for the manufacture of Ice Cream	-	1
Catering Establishments	-	12
Bakehouses, Bread and Confectionery	-	3

Foodstuffs Condemned during the Year

89 Tins of Vegetables.
5 Tins of Soup.
23 Tins of Meats.
17 Tins of Fish.
87 Tins of Fruit.
23 Tins of Milk.

All condemned preserved foods are disposed of by burial on the Council's refuse tip.

Slaughterhouses

There is no slaughterhouse in the area, where the local butchers can slaughter their animals.

All fresh meat sold in the district is from animals slaughtered and dressed at The Public Abbatoir, Haverfordwest.

There is, however, a slaughtering hall at The Lairages, Fishguard Harbour, where animals unfit to travel further are slaughtered and dressed.

After inspection as to fitness for human consumption, the carcasses found to be fit for human consumption are sold to the wholesale distributors. The condemned carcasses are disposed of to one of the Knackers. Small unfit quantities of meat and inedible offals are disposed of by burning in the incinerator outside the Lairages.

During the year, the following animals were slaughtered :-

91 Cattle.
35 Sheep.
14 Pigs.

No horses were slaughtered during the year.

The following meat and offals were condemned :-

1 Bovine Carcase and Offals complete.
1 Pigs Carcase and Offals complete.
6 Bovine Heads.
76 Bovine Livers.
46 Bovine Lights.
2 Sheep Plucks.
2 Pigs Plucks.
80.lbs. Bruised Beef.

Catering Establishments

There are 12 catering establishments in the District apart from the licensed premises. The catering establishments are small and a satisfactory standard of cleanliness is maintained.

Bakehouses

There are three bakehouses in use in the District. These premises are periodically inspected and the standard of cleanliness and hygiene is maintained at a satisfactory level.

Meat Shops

There are eight meat purveyors in the District. There is no slaughterhouse in the area. All the meat sold in the district is slaughtered and dressed at the Public Abbatoir at Haverfordwest.

Each of the butchers manufacture a limited quantity of sausages and minced meat.

The general standard of hygiene is satisfactory.

Retail Food Stores

There are 25 Grocery and General Dealers shops in the District. The majority of these establishments are family businesses with living quarters at the rear and above. All are equipped with adequate toilet and washing facilities.

There are 5 Bread and Confectionery stores in the area.
2 Fish Frying establishments.
4 Fish, Fruit and Vegetable Shops.
4 Chemist Shops.
2 Wine Stores.

Public Houses, Licensed Premises

There are 18 Licensed Premises in the area and 3 Registered Clubs.

Hot and Cold water is provided and facilities for the washing of drinking utensils are satisfactory. The general standard of cleanliness maintained is satisfactory.

Food Poisoning - Nil to report.

Ice Cream Sampling

There are 23 premises from which Ice Cream is retailed.

There is 1 Ice Cream Factory in the area.

The bulk of the Ice Cream sold in the area is prepacked and delivered to the retailers as required.

During the year, 27 samples were taken. The results were :-

Grade 1.	Highly Satisfactory	-	16
II.	Satisfactory	-	1
III.	Doubtful	-	4
IV.	Unsatisfactory	-	6
			<u>27</u>

HOUSING

Number of New Council Houses completed during the year	-	10
Number of Private Houses completed during the year	-	13

Improvement Grants

Number of Improvement Grants approved during the year	-	16
Number of loans approved during the year	-	11

Council's Housing Estates

<u>Pre-War</u> :	Wallis Crescent, Fishguard	-	10
	Heol-y-Felin, Goodwick	-	32
<u>Post-War</u> :	Maeshyfyd, Fishguard	-	122
	Stop and Call, Goodwick	-	86

Housing - Slum Clearance

Number of Houses demolished	-	Nil
Number of Houses closed	-	1
Number of families displaced	-	1
Number of persons displaced	-	4

FACTORIES AND WORKSHOPS

Electrical Power	-	1
Electrical Repairs	-	2
Marine Iron & Metal Repairs	-	1
Marine Joinery	-	1
Brickworks	-	1
Printing Works	-	1
Sawmills	-	2
Laundries	-	1
Saddlery	-	1
Monumental Masons	-	1
Motor Repairs	-	5
Bakehouses	-	3
Ice Cream	-	1
Watch Clock Repairs	-	2
Radio and Television	-	2
Photography	-	1
Boot and Shoe Repairs	-	3
Carpenters and Woodworkers	-	7

FACTORIES ACTS, 1937 and 1948

Prescribed Particulars on the Administration of the Factories Act, 1937

Part 1 of the Act

INSPECTIONS for purposes of provisions as to health (including inspections made by the Public Health Inspectors).

Premises	Number on Register	Number of		
		Inspections	Written Notices	Occupiers prosecuted
(1)	(2)	(3)	(4)	(5)
(i) Factories in which Sections 1,2,3,4, and 6 are to be enforced by Local Authorities	14	24	Nil	Nil
(ii) Factories not included in (i) in which Section 7 is enforced by the Local Authority	18	18	Nil	Nil
(iii) Other premises in which Section 7 is enforced by the Local Authority (excluding outworkers' premises).	-	-	-	-
Total	32	42	Nil	Nil

GENERAL SANITATION AND HYGIENE

Refuse Disposal

Household refuse is collected once a week from all premises in the area.

Trade Refuse is collected once a week. A nominal charge is made to the traders for this service.

Refuse is disposed of by tipping on land adjacent to the Wern Road, Goodwick. Earth or spoil from excavations carried out locally is used as a surface dressing.

Sewage Disposal

The majority of the premises in Fishguard and Goodwick are connected to the sewerage system.

No provision is made for the treatment of the crude sewage before its discharge into the sea.

There are three main sewer outfalls situate as follows :-

1. The Harbour, Goodwick
2. Ogof Martha, Fishguard.
3. The Slade, Lower Fishguard.

The outfall at Lower Fishguard was extended to enter the flow of the River Gwaun as an effort to clean the beach at Lower Town.

Rodent Control

Disinfestation is carried out by a part-time Operator.

Two treatments of the sewers were carried out during the year. The baits used were Sausage Rusk and Bread Mash. The poisons used were Zinc Phosphide and Arsenic.

Private dwellings etc., are treated by the use of Warfarin with Oatmeal.

During the year, 30 infestations were dealt with at private dwellings. The Refuse Tip and Open Spaces are periodically treated.

Disinfection and Disinfestation

Disinfection is carried out after termination of Infectious Disease or the removal of the patient to hospital.

Where necessary, a supply of disinfectant is issued to the householder.

During the year, 4 premises were disinfected.

Public Cleansing

The shopping centre is cleansed daily. This work is carried out in the early hours of the day.

Litter baskets are placed at frequent intervals throughout the area. Streets off the shopping centre are subject to frequent sweeping and cleansing.

Public Conveniences

There are 5 all purpose conveniences in the district situated at :-

- The Market Square, Fishguard.
- Car Park, West Street, Fishguard.
- Quay Road, Goodwick.
- The Promenade, Goodwick.
- The Quay, Lower Fishguard.

Mortuaries

There is one small Mortuary situated in Goodwick which serves the whole area.

The mortuary is only used in an emergency and has accommodation for one corpse only.

There are no facilities for Post-mortem examinations.

There is a cold water supply. Disinfectants, soap and towels are provided.

Negotiations are taking place with the neighbouring authorities with a view to the provision of more suitable and convenient accommodation.

General Nuisances

During the year 24 complaints were investigated and dealt with by informal action.

Nuisances from indiscriminate tipping				
and accumulation of refuse	8
Abated after informal action	8
Nuisances from the keeping of animals etc.		3
Abated after informal action	3
Nuisances from defective drains	18
Abated after informal action	18
Nuisances from disrepair of premises	46

